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| **Presenting issues of clients – recording sheet Template 5a** P:\Scottish Alcohol Couns Consortium\Logos & design\SACC_Logo_200_no_slogan.jpg | |
| Presenting issues have been grouped into 8 categories. The total number of clients in each category should be logged on the client information template for your portfolio. Note - you are recording the number of clients with each issue – not the number of times the issue is raised during counselling. A client may have several presenting issues, but each issue should only be recorded once per client. You should use this form whether your client is the primary person affected or a significant other.  **Remember** – always talk to your supervisor if you come across any presenting issues you feel may need additional support, skills or expertise. As a trainee counsellor you are not expected to deal with complex presenting issues until your supervisor feels you are ready. | |
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| **Issue** | **Client count** |
| **Alcohol (A)** | |
| * Regular Drinking |  |
| * Binge Drinking |  |
| **Other substances (OS)** | |
| * Amphetamines |  |
| * Cocaine |  |
| * Cannabis |  |
| * Ecstasy |  |
| * Opiates |  |
| * NPS (new psychoactive substances) |  |
| * Misuse of prescription drugs |  |
| * Other |  |
| **Other Addictions (OA)** | |
| * Gambling |  |
| * Internet/Gaming |  |
| **Mental Health (MH)** | |
| * Anxiety (Clinically Diagnosed) |  |
| * Self-reported symptoms of anxiety |  |
| * Depression (Clinically Diagnosed) |  |
| * Self-reported Low Moods |  |
| * Suicidal Ideation |  |
| * Self-Harm |  |
| **Trauma (T)** | |
| * Adverse Childhood Experiences (ACE) |  |
| * Adult Sexual Violence |  |
| * Domestic Violence |  |
| * Assault |  |
| * Accident |  |
| **Physical Health (PH)** | |
| * Alcohol related issues |  |
| * General health |  |
| * Chronic Pain |  |
| * Insomnia |  |
| * Diet |  |
| * Exercise/Activity |  |
| **Health and social welfare (W)** | |
| * Isolation |  |
| * Relationship Problems |  |
| * Bereavement |  |
| * Unemployment |  |
| * Financial Issues |  |
| * Homelessness |  |
| * Accommodation Issues |  |
| **Other (O) Please list** | |
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