**OBSERVATION OF COUNSELLING SESSIONS – CONSENT FORM**

Observed counselling sessions are part of the requirements for trainees working towards counsellor accreditation and sometimes used as part of ongoing supervision of practice for qualified counsellors.

As part of ongoing development and monitoring practice, your counsellor seeks your consent to have their supervisor observe a counselling session.

I understand that

* this is for the sole purpose of being able to provide evidence of my counsellor’s practice and skills
* any reference to the observed counselling session will be completely anonymous
* the skills used by my counsellor will be observed and noted during the session and will be discussed with their supervisor afterwards
* a summary of the skills observed during the session will be included in my counsellor’s development folder as evidence of their skills and ability
* I can change my mind about having my counselling session observed either before or during the session.

I understand the above conditions and give my consent to my counselling session on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ being observed.

Client signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Counsellor’s signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

This form must be held in the client’s file.